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The process of self-observation is the continuous activity of the psyche observing itself. It is subconscious as well as conscious in the sense that it observes, Besides the conscious activity of mind, all the fantasies of thought as found in the vaguenesses of the daydream. It studies all sub rosa thinking, that is, all thinking that goes on outside of the threshold of consciousness. ~~And above all,~~ ^{studying} ~~it mainly focuses upon its conscious and thinking~~ ^{But in the beginning} ~~it sees the mind as it itself is, not in relation to other minds.~~ ^{it acquires self-wisdom} ~~leaving the complex and involved for the time after no~~ ^{has greater skill of reason.}